



We could use your help!

THERE IS HUNGER AT HOME IN THE SOUTH HILLS

Hunger@Home | February 14 - April 11

For eight weeks, you can make a difference by raising awareness about food insecurity in the South Hills. Many of our neighbors are struggling to put food on the table, and this is the time of year when food donations are at their lowest.

Join us in fighting hunger—host a food or financial donation drive and help us restock our shelves. Every can, every dollar, every effort counts.

Each month, you can help...



Feed 4,100 individuals—1,225 Children & 1,050 Seniors—from 1,000 households



Deliver to 140 households



Buy 42,000 lbs. of food from the Greater Pittsburgh Community Food Bank



Grow 1,000 lbs. of food from our 13 Community Gardens

Where is the need?

- Between 2019-2022, SHIM Food Pantry attendance doubled. **In 2024, it grew an additional 21%**
- In the South Hills, nearly **27.5% of kids—5,500 kids—face food insecurity.**
- Since March 2020, the cost of food in US has **risen 25%** and **rent has increased by 33.1%.**





GOAL: 25,000 LBS. OF FOOD | \$50,000

Host a Drive & Make an Impact

When families face crisis, they may struggle to afford basic needs like food, clothing, and personal care items. Thanks to community donors like you, we can help. About **24% of the food** we distribute each year come from generous supporters hosting drives!

Most needed items for SHIM's food pantries

- Dried beans and lentils
- Rice
- Pasta sauce in jars
- Cereal and oatmeal
- Soup (especially low sodium)
- Adult diapers, especially L and XL
- Diapers sizes 3-6
- Baby food
- Dog food
- Personal care items (shampoo, toothbrushes, toothpaste, deodorant, feminine items, etc.)

- ✓ **Earn Community Service Hours** – Track your hours and fulfill volunteer/service requirements.
- ✓ **Friendly Competition** – Challenge another school, business, or community group to a food drive showdown!
- ✓ **Win Prizes & Get Recognized** – Your group could be featured as SHIM's School, Business, or Community Group of the Week!



Host a Donation Drive & Multiply Your Impact

Host a donation drive and rally your community to give through check or cash donations! SHIM purchases 70% of the food we distribute, and thanks to our **500% buying power at the Greater Pittsburgh Community Food Bank**, every \$1 donated provides \$5 worth of groceries for local families in need.

Easy & Impactful! No heavy lifting, no storage needed—just spread the word and collect contributions!

Learn more here: shimcares.org/host-a-drive

Get Started Today!

- 📄 We've made it easy—just print our flyers and spread the word!
- 📄 Download the flyer here: [SHIM Food Drive Flyer](#)
- 📅 Tell us about your drive & schedule a drop-off: [Sign Up Here](#)

Who Can Host a Drive?

- 🏫 Schools & Student Organizations
- 🏛️ Congregations & Faith Groups
- ⚽ Sports Teams
- 🏢 Local Businesses
- 👦 Scouts, Youth Groups & More!

Questions?

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